



Personal Promises

On livesimply.ie there is an online facility to enable you to upload your own personal promise to live more simply and in awareness of the poorest people in our world.

The *livesimply* promise is a way to really make your faith talk. A glance at our world shows that some people have everything, while others have nothing. This isn't right. We can act for justice in simple ways. *livesimply* says we can change things in ourselves and in the world. It's not just about money. It's a challenge to think about how our lifestyles can reflect our solidarity with people who are poor. Make a start by making a *livesimply* promise and by inspiring other people to do the same.