



**Sample Bulletin/ Newsletter Article** [Please adapt this as you feel necessary for your audience. This sample article is aimed at parishes or groups to introduce livesimply and encourage them to become involved in the challenge.]

*“Live simply so that others may simply live”*. This is the vision of the growing *livesimply* network set up in Ireland in 2009. Now our parish/community/ school [*delete as appropriate*] has just recently set up a new *livesimply* group with members who are making promises to change their personal behaviour and have come together to work on a “community challenge”.

[*Mention here example of personal promises/ community challenge undertaken*]

*livesimply* has developed in response to the urgent environmental crisis facing the world and the responsibility of the Church to be at the forefront in addressing this crisis. *livesimply* asks us to take a fresh look at the ways in which we live and reflect upon how we can live more simply, sustainably, and in solidarity with the poor and be happier in ourselves as a result.

The intention of *livesimply* is far reaching: to transform our communities in such a way that human dignity is respected and everyone can reach their full potential. It questions whether our priority is wealth or justice and invites us to make an option for the poor, because the injustice of poverty impoverishes us all as human beings.

If you would like to know more about *livesimply* or if you would be interested in becoming a member of the *livesimply* grouping in our parish then please contact ..... by email ..... or phone.....

We welcome your participation - the future of the earth depends upon it.